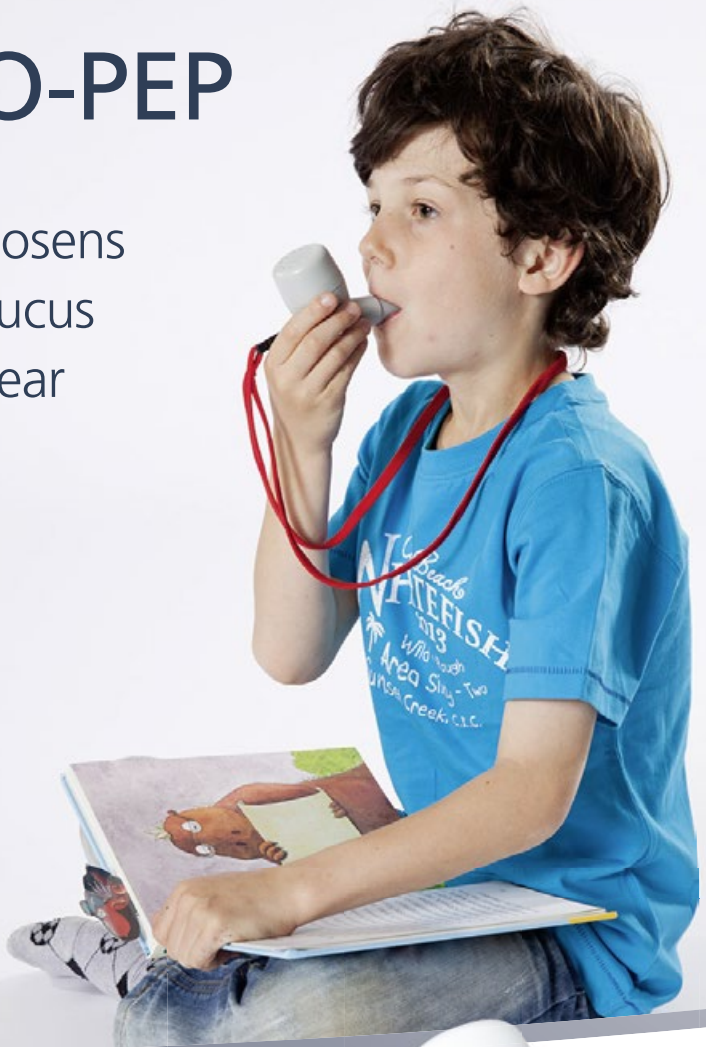


# PARI O-PEP

Efficiently loosens  
bronchial mucus  
and helps clear  
the airways



Tips for use and  
hygiene



PARI O-PEP

Specialists in effective inhalation



# PARI O-PEP

Efficiently loosens bronchial mucus and helps clear the airways

For temporary use to mobilise secretions in acute or chronic diseases of the lower airways, such as cystic fibrosis, bronchiectases, COPD and asthma

- Comfortable treatment with oval mouthpiece
- Alleviates unproductive coughing and shortness of breath
- Including small bag for hygienic storage and safe transport
- Dishwasher-safe and autoclavable



Item No. 018G5000



## Using the PARI O-PEP

### Assembly

- Insert the funnel in the lower section.
- Place the ball in the funnel.
- Screw the upper section onto the lower section.



### Performing treatment

- Sit in an upright, relaxed position.
- Place the mouthpiece between your teeth and enclose it with your lips.
- Breathe in slowly and deeply through your nose. Hold your breath for about 1 to 2 seconds.
- Breathe out slowly and completely into the PARI O-PEP through your mouth. While exhaling, tense your cheek muscles and keep your cheeks rigid.
- Repeat the cycle of breathing in and out for 10 to 15 breaths.



In order to benefit fully from the therapeutic effect of the PARI O-PEP, always carry out the treatment as instructed by your doctor or therapist.

Please follow the instructions for use in all cases. They are provided with all devices and include a detailed description. If the instructions for use are lost, new copies can be downloaded at [www.parimedical.co.uk](http://www.parimedical.co.uk), or you can call 01932 341122.

# Cleaning the **PARI** O-PEP

## When used in the home



### Preparation

- Disassemble the PARI O-PEP
- Set the ball to one side so that it cannot roll away
- Remove the lanyard from the lower part



### Cleaning

- Clean with dishwashing liquid in warm tap water
- Rinse the individual components thoroughly in running water



### Disinfection

- Boil in a sufficient quantity of boiling water (5 minutes)
- or**
- Steam disinfectant (at least 6 minutes)



### Drying

- Lay all parts on a clean, dry and absorbent surface



### Storage

- After drying, always store the parts in the bag provided for this purpose

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**PARI** Service Center

01932 341122

Give us a ring!

You can find PARI on the internet:

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Specialists in effective inhalation

